Karate Schedule - Jin Sei Ryu Chicago (effective January 2026)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Online schedule:	Juniors All levels 4:15pm-5pm	Peewees All levels 4:15pm-4:45pm	Juniors All levels 4:15pm-5pm		Peewees All levels 9:30am-10am Juniors All levels
	Youth All levels 5:15pm-6:15pm	Youth Green Belt + 5pm-6pm	Youth All levels 5:15pm-6:15pm	Youth Green Belt + 5pm-6pm	10:15am-11am Youth All levels 11:15am-12:15pm
	Adult & Teen Blue-Black 6:30pm-7:30pm	Adult & Teen Yellow-Black (Blended online/in- person) 6:15pm-7:15pm	Adult & Teen White - Adv Blue 6:30pm-7:30pm	Adult & Teen Adv White-Black Kata (Blended online/in- person) 6:15pm-7:15pm	Youth Yellow Belt + sparring 12:15pm-12:45pm Adult Black Belts
	Adult & Teen All Levels Open Dojo 7:30pm-8:15pm	Adult & Teen White Belts 7:15pm-8:15pm	Adult Black Belt (Blended online/in- person) 7:15pm-8:15pm	1pm-2pm Adult & Teen Blue Belt + Presparring and sparring 2:15-3pm	
			7:30pm-8:15pm		Adult & Teen All levels Basics & Partnerwork 3pm-4pm

Beginners classes

Peewees program (ages 4-5)

All classes open to beginners

Wednesdays 4:15-4:45pm Saturdays 9:30am-10am

Juniors program (ages 6 through 2nd grade)

All classes open to beginners

Tuesdays/Thursdays 4:15-5pm Saturdays 10:15am-11am

Youth program (3rd grade through age 12)

Tuesdays/Thursdays 5:15-6:15pm Saturdays 11:15am-12:15pm

Adult & Teen program (ages 13+ and Adults)

Wednesday 7:15pm-8:15pm Thursday 6:30pm-7:30pm Saturdays 3pm-4pm

PLUS Open Dojo Tuesdays 7:30-8:15pm

Adv White Belts + Friday 6:15-7:15 Kata

Intermediate -Advanced Classes

Youth program (3rd grade through age 12)

All levels Classes:

Tuesdays 5:15pm-6:15pm Thursdays 5:15pm-6:15pm Saturdays 11:15am-12:15pm

Yellow-Black Belt

Saturdays 12:15pm-12:45pm Sparring

Green-Black Belt

Wednesday 5pm-6pm -Curriculum Friday 5pm-6pm - Curriculum

Adult & Teen program (ages 13+ and Adults)

Classes open to Blue-Adv Blue

- Tuesday 6:30pm-7:30pm Blue-Black
- Tuesday 7:30pm-8:15pm OPEN DOJO
- Thursday 6:30pm-7:30pm White-Adv Blue
- Friday 6:15pm-7:15pm Adv White-Black Kata
- Saturday 2:15pm-3pm Sparring Skills
- Saturday 3pm-4pm All levels Basics & Partnerwork

Classes open to Yellow-Black Belts

- Tuesday 6:30pm-7:30pm Blue-Black
- Tuesdays 7:30 8:15 OPEN DOJO
- Wednesday 6:15pm-7:15pm Yellow-Black (Blended online/in-person)
- Thursday 7:30pm-8:15pm Yellow-Black Belt
- Friday 6:15pm-7:15pm Adv White-Black Kata (Blended online/in-person for Yellow+)
- Saturday 2:15pm-3pm Blue-Black Sparring skills & sparring
- Saturday 3pm-4pm All levels Basics & Partnerwork

Adult Black Belt classes

Friday 7:15pm-8:15pm (Blended online/inperson)

> Saturday 1pm-2p<u>m</u>