

# Karate Schedule - Jin Sei Ryu Chicago (effective Jan 7, 2025)

## Monday

Online schedule:



Adult & Teen  
White Belts  
5:30pm-6:30pm  
*starts Jan 20*

## Tuesday

Juniors All levels  
4:15pm-5pm

Youth All levels  
5:15pm-6:15pm

Adult & Teen  
Blue-Black  
6:30pm-7:30pm

Adult & Teen  
White Belts  
7:30pm-8:15pm

## Wednesday

Adult & Teen  
Blue-Black  
12pm-1pm

Peewees All levels  
4:15pm-4:45pm

Youth Green Belt +  
5pm-6pm

Adult & Teen  
Yellow-Black  
(Blended online/in-  
person)  
6:15pm-7:15pm

Adult & Teen  
All Levels Open Dojo  
7:15pm-8:15pm

## Thursday

Juniors All levels  
4:15pm-5pm

Youth All levels  
5:15pm-6:15pm

Adult & Teen  
White - Adv Blue  
6:30pm-7:30pm

Adult & Teen  
Yellow +  
7:30pm-8:15pm

## Friday

Youth Green Belt +  
5pm-6pm

Adult & Teen  
Adv White-Black  
Kata  
(Blended online/in-  
person)  
6:15pm-7:15pm

Adult Black Belt  
(Blended online/in-  
person)  
7:15pm-8:15pm

## Saturday

Peewees  
All levels  
9:30am-10am

Juniors  
All levels  
10:15am-11am

Youth All levels  
11:15am-12:15pm

Youth Yellow Belt +  
sparring  
12:15pm-12:45pm

Adult Black Belts  
1pm-2pm

Adult & Teen Blue  
Belt + Presparring  
and sparring  
2:15-3pm

Adult & Teen  
All levels Basics &  
Partnerwork  
3pm-4pm

# Beginners classes

## Peewees program (ages 4-5)

All classes open to  
beginners

Wednesdays  
4:15-4:45pm  
Saturdays  
9:30am-10am

## Juniors program (ages 6 through 2nd grade)

All classes open to beginners

Tuesdays/Thursdays  
4:15-5pm  
Saturdays  
10:15am-11am

## Youth program (3rd grade through age 12)

Tuesdays/Thursdays  
5:15-6:15pm  
Saturdays 11:15am-12:15pm

## Adult & Teen program (ages 13+ and Adults)

Mondays 5:30pm-6:30pm (beg 1/20)  
Tuesday 7:30pm-8:15pm  
Thursday 6:30pm-7:30pm  
Saturdays 3pm-4pm

PLUS Open Dojo  
Wednesdays 7:15-8:15pm

Adv White Belts +  
Friday 6:15-7:15 Kata

# Intermediate - Advanced Classes

## Youth program (3rd grade through age 12)

### All levels Classes:

Tuesdays 5:15pm-6:15pm  
Thursdays 5:15pm-6:15pm  
Saturdays 11:15am-12:15pm

### Yellow-Black Belt

Saturdays 12:15pm-12:45pm  
Sparring

### Green-Black Belt

Wednesday 5pm-6pm -Curriculum  
Friday 5pm-6pm - Curriculum

## Adult & Teen program (ages 13+ and Adults)

### Classes open to Blue-Adv Blue

- Tuesday 6:30pm-7:30pm Blue-Black
- Wednesdays 12pm-1pm Blue-Black
- Wednesdays 7:15pm-8:15pm OPEN DOJO
- Thursday 6:30pm-7:30pm White-Adv Blue
- Friday 6:15pm-7:15pm Adv White-Black Kata
- Saturday 2:15pm-3pm Sparring Skills
- Saturday 3pm-4pm All levels Basics & Partnerwork

### Classes open to Yellow-Black Belts

- Tuesday 6:30pm-7:30pm Blue-Black
- Wednesdays 12pm-1pm Blue-Black
- Wednesday 6:15pm-7:15pm Yellow-Black (Blended online/in-person)
- Wednesdays 7:15pm-8:15pm OPEN DOJO
- Thursday 7:30pm-8:15pm Yellow-Black Belt
- Friday 6:15pm-7:15pm Adv White-Black Kata (Blended online/in-person for Yellow+)
- Saturday 2:15pm-3pm Blue-Black Sparring skills & sparring
- Saturday 3pm-4pm All levels Basics & Partnerwork

## Adult Black Belt classes

Friday  
7:15pm-8:15pm  
(Blended online/in-  
person)

Saturday  
1pm-2pm