

Karate Schedule - Jin Sei Ryu Chicago (effective Jan 7, 2025)

Monday

Online schedule:



Adult & Teen
White Belts
5:30pm-6:30pm

Tuesday

Adult & Teen
Blue-Black
12pm-1pm

Juniors All levels
4:15pm-5pm

Youth All levels
5:15pm-6:15pm

Adult & Teen
Blue-Black
6:30pm-7:30pm

Adult & Teen
White Belts
7:30pm-8:15pm

Wednesday

Peewees All levels
4:15pm-4:45pm

Youth Green Belt +
5pm-6pm

Adult & Teen
Yellow-Black
(Blended online/in-
person)
6:15pm-7:15pm

Adult & Teen
All Levels Open Dojo
7:15pm-8:15pm

Thursday

Juniors All levels
4:15pm-5pm

Youth All levels
5:15pm-6:15pm

Adult & Teen
White - Adv Blue
6:30pm-7:30pm

Adult & Teen
Yellow +
7:30pm-8:15pm

Friday

Youth Green Belt +
5pm-6pm

Adult & Teen
Adv White-Black
Kata
(Blended online/in-
person)
6:15pm-7:15pm

Adult Black Belt
(Blended online/in-
person)
7:15pm-8:15pm

Saturday

Peewees
All levels
9:30am-10am

Juniors
All levels
10:15am-11am

Youth All levels
11:15am-12:15pm

Youth Yellow Belt +
sparring
12:15pm-12:45pm

Adult Black Belts
1pm-2pm

Adult & Teen Blue
Belt + Presparring
and sparring
2:15-3pm

Adult & Teen
All levels Basics &
Partnerwork
3pm-4pm

Beginners classes

Peewees program (ages 4-5)

All classes open to
beginners

Wednesdays
4:15-4:45pm
Saturdays
9:30am-10am

Juniors program (ages 6 through 2nd grade)

All classes open to beginners

Tuesdays/Thursdays
4:15-5pm
Saturdays
10:15am-11am

Youth program (3rd grade through age 12)

Tuesdays/Thursdays
5:15-6:15pm
Saturdays 11:15am-12:15pm

Adult & Teen program (ages 13+ and Adults)

Mondays 5:30pm-6:30pm
Tuesday 7:30pm-8:15pm
Thursday 6:30pm-7:30pm
Saturdays 3pm-4pm

PLUS Open Dojo
Wednesdays 7:15-8:15pm

Adv White Belts +
Friday 6:15-7:15 Kata

Intermediate - Advanced Classes

Youth program (3rd grade through age 12)

All levels Classes:

Tuesdays 5:15pm-6:15pm
Thursdays 5:15pm-6:15pm
Saturdays 11:15am-12:15pm

Yellow-Black Belt

Saturdays 12:15pm-12:45pm
Sparring

Green-Black Belt

Wednesday 5pm-6pm -Curriculum
Friday 5pm-6pm - Curriculum

Adult & Teen program (ages 13+ and Adults)

Classes open to Blue-Adv Blue

- Tuesdays 12pm-1pm Blue-Black
- Tuesday 6:30pm-7:30pm Blue-Black
- Wednesdays 7:15pm-8:15pm OPEN DOJO
- Thursday 6:30pm-7:30pm White-Adv Blue
- Friday 6:15pm-7:15pm Adv White-Black Kata
- Saturday 2:15pm-3pm Sparring Skills
- Saturday 3pm-4pm All levels Basics & Partnerwork

Classes open to Yellow-Black Belts

- Tuesdays 12pm-1pm Blue-Black
- Tuesday 6:30pm-7:30pm Blue-Black
- Wednesday 6:15pm-7:15pm Yellow-Black (Blended online/in-person)
- Wednesdays 7:15pm-8:15pm OPEN DOJO
- Thursday 7:30pm-8:15pm Yellow-Black Belt
- Friday 6:15pm-7:15pm Adv White-Black Kata (Blended online/in-person for Yellow+)
- Saturday 2:15pm-3pm Blue-Black Sparring skills & sparring
- Saturday 3pm-4pm All levels Basics & Partnerwork

Adult Black Belt classes

Friday
7:15pm-8:15pm
(Blended online/in-
person)

Saturday
1pm-2pm